FACILITY DOG PROGRAM

Incorporating the Facility Dog Program at Magee

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Vision

To use highly educated canines to enhance human health and facilitate the rehabilitation process for patients of Magee.

This program will:

- Improve functional outcomes for patients
- Enhance patient participation by reducing anxiety and stress
- Increase patient and employee satisfaction and morale
Facility Dogs

Facility dogs work side by side with health and human service professionals to engage patients in activities designed to improve functional outcomes, stimulate healing and recovery, and provide comfort and unconditional love.
Animal Assisted Therapy

1. Health and Human Service Professionals
2. Goal-directed sessions
3. Document functional outcomes
4. Intensive Professional training

Animal Assisted Activity

1. Volunteers
2. Spontaneous visits
3. Documentation not necessary
4. Temperament test
Animal Assisted Therapy in Collaboration with OT

- Working together towards the same goal
“Animals whose sole function is to provide emotional support, comfort, therapy, companionship, therapeutic benefits, or to promote emotional well-being are not service animals”
Real Service Dog Vest Harness + 50 FREE ADA Info Cards Kit

Price: $53.95
Sale: $31.99 prime
Meet Joey

- Full Name: Jovana
- Life: January 26, 2011-August 4, 2017
- Hometown: Santa Rosa, California
- Breed: Black Labrador and Golden Retriever
- Favorite toys: tennis ball, any stuffed animal
- Favorite Command: Tugging socks off
Meet Kentucky

- Birthday: October 18, 2014
- Hometown: Santa Rosa, California
- Breed: Yellow Labrador and Golden Retriever
- Education: 18 months of Basic training, 6 months of Advanced training
- Hobbies: collecting plush toys, going on runs, napping
## Facility Dog Commands

<table>
<thead>
<tr>
<th>Command</th>
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<tbody>
<tr>
<td>Here</td>
<td>Behind</td>
<td>Lap</td>
<td>Visit</td>
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<tr>
<td>Jump</td>
<td>Bed</td>
<td>Push</td>
<td>Kennel</td>
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<tr>
<td>Turn</td>
<td>Watch</td>
<td>Back</td>
<td>Get Your Leash</td>
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<tr>
<td>Stand</td>
<td>Hold</td>
<td>Car</td>
<td>Quiet</td>
</tr>
<tr>
<td>Wait</td>
<td>Give</td>
<td>Under</td>
<td>Step</td>
</tr>
<tr>
<td>Let’s Go</td>
<td>Drop</td>
<td>Out</td>
<td>This Way</td>
</tr>
<tr>
<td>Dress</td>
<td>Tap</td>
<td>Don’t</td>
<td>Up</td>
</tr>
<tr>
<td>Heel</td>
<td>Through</td>
<td>Push</td>
<td>Tug</td>
</tr>
<tr>
<td>Shake</td>
<td>Move</td>
<td>Side</td>
<td>Leave it</td>
</tr>
<tr>
<td>Enough</td>
<td>Hug</td>
<td>Wave</td>
<td>Down</td>
</tr>
<tr>
<td>Step</td>
<td>Off</td>
<td>Side</td>
<td>Roll</td>
</tr>
<tr>
<td>Sit</td>
<td>Fix</td>
<td>Hurry</td>
<td>Speak</td>
</tr>
<tr>
<td>Release</td>
<td>Get</td>
<td>OK</td>
<td>Under</td>
</tr>
</tbody>
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Therapeutic Interventions

- Physical Therapists
- Occupational Therapists
- Speech and Language Therapists
- Nurses
- Respiratory Therapists
- Psychology
- Recreational Therapists
- Wound Care Team

Facility dogs are part of the rehab team.
Benefits: Staff

- Positive Staff Interactions
- Improved Interdisciplinary Collaboration
- Decreased Stress
- Increased Employee Satisfaction
Benefits: Patient Outcomes

- Increased Participation
- Decreased Length of Stay
- Improved Satisfaction
- Family Impressions
Impact

- “[Animal-assisted therapy] provides effects, such as adapting to stressful situations and hospital environments; decreasing anxiety, stress, pain and blood pressure; and increasing mobility and muscle activity.”

- “…animals increase physical activity, help prevent mental states such as loneliness and depression, improve daily life activities and provide social support by increasing quality of life.”

Tunçay et al. (2015)
Physical

- “...increased awareness of the extremity.”
- “…performing active movements immediately after this gain...eased motor learning.”
  
  Tunçay et al. (2015)

- “less stress evidenced by lower cortisol levels.”
  
  Muñoz et al. (2012)
Communication & Social Interactions

- “…dog increased patients’ social behaviors, including smiling, laughing, looking, touching, and verbalizing.”
  Kongable et al. (1989)

- “Social interaction is less complicated when there is an external focus for the conversation.”
  Velde et al. (2005)
Cognition

- Facility dog was used to motivate child to organize birthday party and bake a cake for the facility dog.
  
  Tunçay et al. (2015)

- “The animal is able to help the client focus and remain attentive for longer periods of time.”
  
  Velde et al. (2005)
Psychological

- “...significant reduction in pain and emotional distress for chronic pain patients”
  
  Pain Medicine, Marcus, Berstein, et al. (2012)

- “...reduction in depression symptoms...”
  
  O’Haire et al. (2015)

- “participants were more motivated, enjoyed the therapy sessions more, and felt that the atmosphere of the sessions was lighter and less stressed...”
  
  Macauley BL (2006)

- “...help patients focus on pleasurable activities and less on stressors of being in hospital setting”
  
  Snipeliski and Burton (2014)
Expanding Through the Continuum of Care

- Main Hospital Inpatient
- Riverfront Outpatient
- Wellness
- Gaspar Lifetime Follow up Clinic
- Watermark
- Oxford Valley
- Community Outreach
- Support Groups
Questions?
Canine Companions for Independence, [www.cci.org](http://www.cci.org)


